

Salads

PASTA AND AVOCADO SALAD



- 250 g Cooked spiral pasta (or scallop or elbow)
- 2 Avocados, chopped
- ½ Cup finely chopped fresh basil
- 1 Dessertspoon capers
- 2 Large tomatoes, chopped
- 4 Shallots, chopped
- ¼ Cup finely chopped parsley

RED WINE VINEGAR DRESSING

- ¼ - ½ Cup olive oil
- 1/3 Cup Red wine vinegar
- 1 Heaped teaspoon tomato paste
- 2 Tablespoons chives, chopped
- Salt and freshly ground pepper

Combine in a jar and shake well.

SALAD

Toss all ingredients together with prepared dressing and serve.
