

Salads

AVOCADO SALAD DRESSING



- 2 Egg yolks
- ¼ Cup Lemon juice
- ½ Teaspoon salt
- ½ Teaspoon freshly ground pepper
- 1 Tablespoon wine vinegar or apple cider vinegar
- 1 Tablespoon chopped onion
- 1 Avocado
- ½ Cup salad oil

Blend egg yolks, lemon juice, salt and pepper, vinegar and onion.

Then add avocado while blender is in motion.

Add oil slowly until thick, like mayonnaise. If all of the oil can't be added, add a little water and then the remaining oil.

Your favorite herbs can be added to this dressing (chive, tarragon, parsley, dill or basil go very well).

This quantities should yield 1½ cups of dressing.
