

# Drinks

## ALMOND AVOCADO MILK



- ± 600 ml milk
- 4 Teaspoons ground raw almonds
- 2 Teaspoons honey
- 1 Teaspoon, vanilla essence
- 1 Avocado, chopped
- Nutmeg to garnish

Blend the milk, ground almonds, honey and vanilla for a couple of minutes in a blender. With blender still in motion, drop chopped avocado through hole in lid and blend until smooth. The whip should be thick, but of pouring consistency (adjust with more milk). Pour in glasses and sprinkle with nutmeg to serve.

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